



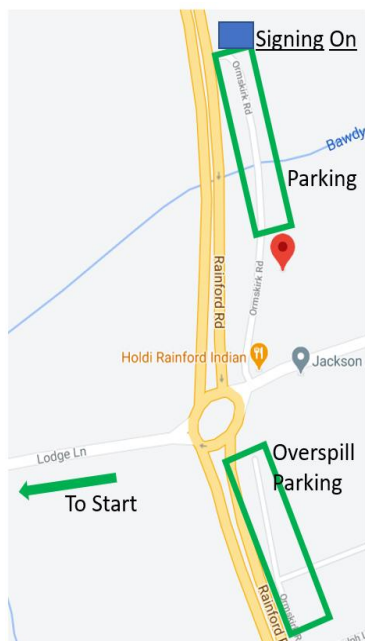
## Mersey Tri 10 Mile Time Trial, Saturday 23/4/22 14:00

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

### Time Keepers

John Lahiff (Principal), Bob Jump (Assistant).

### Race Day Parking and signing on



Signing on will be in the layby (Ormskirk RD) near to the Wheatsheaf/Holdi Indian restaurant (sat nav WA11 7TA).

Please note, there are **no** changing or **toilet facilities**. Please arrive race ready.

Each competitor must sign on when collecting and returning their race numbers at the signing on area, this is a CTT Requirement. Please pick up your number from the signing on area and return it at the end of the race, do not forget to sign out.

Numbers should be pinned to the lower back area and be clearly visible. Make sure you call out your number at the finish, otherwise your time may not be recorded. Do not remain, or ask for your time, at the finish.

Parking will be available near to signing on, please pay attention to the marshals who will advise you on the best place to park, please **do not park near to the houses/bungalows** in the local area or in the Holdi car park. **NO** parking near to the start or finish.

**Overspill parking** is available in the layby shown on the map, again **No parking near to local residencies**.

### Rules and Regulations

Cycling Time Trials strongly advise you to wear a hard shell helmet that conforms to a recognised safety standard. In accordance with Regulation 15 all competitors under 18 must wear a helmet.

A working front and rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. **No Lights, No ride.**

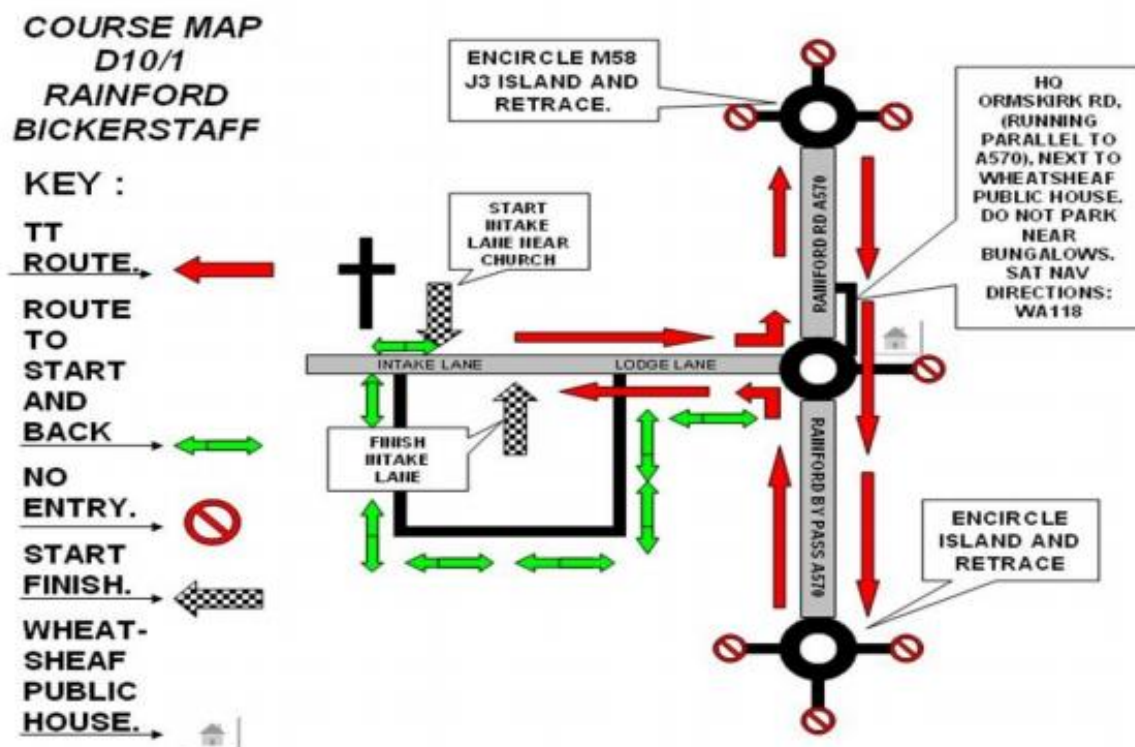
Riders **MUST NOT** stand in the road at the start or finish. Riders **MUST NOT** make U-turns in the road near the start or finish. Riders **MUST NOT** ride with their head down. Any rider observed to be riding in an unsafe manner or disregarding the Highway Code may face disciplinary action

Riders must exercise care at all road junctions, riders must come up off their tri bars and be in full control of their bike at all 3 roundabouts on the course.

Riders must **cover the shoulders and top of your arm** (traditional tri suits are not acceptable if they do not cover the shoulders and upper arm).

## Riding to and from the Start/Finish

Please use the following map to ride up to the start. Competitors who have not yet started should not travel in the direction of finish past the timekeeper at the finishing point, follow the **green arrows** to the start and to return .



## Course Description (red arrows above)

Start at the field entrance on Intake Lane at the first raised kerbstone 210 yds south of Bickerstaffe church.

Proceed to Wheatsheaf island A570 Rainford Bypass and turn left (1.691 miles)

Proceed to M58 island -take care here - and encircle (3.353 miles)

Straight across Wheatsheaf island (*Holdi Indian restaurant*) and proceed to Rainford island (6.98 miles)

retrace back on A570 to Wheatsheaf island (8.736 miles) Left along Lodge Lane / Intake Lane to finish at second gatepost on edge of plantation (10 miles).

## Results and Prizes

Results will be available via the Mersey Tri Facebook page (<https://www.facebook.com/MerseyTri>) and via the CTT website as soon as possible following the event.

Category	1st	2nd	3 <sup>rd</sup>
Male	£30	£20	£12
Female	£30	£20	£12
Junior (under 18)	£20		
Fastest Team of 3	£20 per rider	£15 per rider	£12 per rider

Prize winners will be contacted after the event via email, prizes will be sent via bank transfer or, if necessary, cheque.

## Race Organiser

Barry Williams, all enquires to be emailed to [barrywilliams83@googlemail.com](mailto:barrywilliams83@googlemail.com)

Emergency contact on the day in case of injury or DNF, 07377808945

## Start List

1	14:01:00	Moyna	Oneill	Mersey Tri
2	14:02:00	Shona	Moore	Mersey Tri
3	14:03:00	Lauren	Lett	Liverpool Phoenix CC (Aintree)
4	14:04:00	Julia	Behnsen	Port Sunlight Wheelers
5	14:05:00	Jasmine	Baker	Mersey Tri
6	14:06:00	Hannah	Fawcett	Liverpool Braveheart Bicycle Club
7	14:07:00	Theresa	Taylor	Springfield Financial Racing Team
8	14:08:00	Janet	Fairclough	Liverpool Phoenix CC (Aintree)
9	14:09:00	Deborah	Moss	Springfield Financial Racing Team
10	14:10:00	Paul	Johnstone	Mersey Tri
11	14:11:00	Charlie	Geoghegan	North Wirral Velo
12	14:12:00	George	Howells	Mersey Tri
13	14:13:00	Mike	Fryer	North Wirral Velo
14	14:14:00	Patrick	Davidson	Liverpool Braveheart Bicycle Club
15	14:15:00	Gary	Davies	Liverpool Century RC
16	14:16:00	Luke	Gleeson	Mersey Tri
17	14:17:00	Paul	Edwards	Graham Weigh Racing-Deeside Olympic
18	14:18:00	Chris	Atherton	Mersey Tri
19	14:19:00	Christian	Doran	North Wirral Velo
20	14:20:00	John	Leach	Rosendale RC
21	14:21:00	Al	Smithson	Mersey Tri
22	14:22:00	Patrick	McKeown	North Endurance
23	14:23:00	David	Friend	Warrington Road Club/Horton Light Engineering
24	14:24:00	Richard	Chambers	North Wirral Velo
25	14:25:00	Grant	Davidson	Mersey Tri
26	14:26:00	Steven	Hilton	Warrington Road Club/Horton Light Engineering
27	14:27:00	Ian	Casson	Birkenhead Victoria CC
28	14:28:00	Tony	Perrin	Stone Wheelers CC
29	14:29:00	George	Aldridge	Birkenhead North End CC
30	14:30:00	Duff	Fawcett	Liverpool Braveheart Bicycle Club
31	14:31:00	Andy	Whitehead	Seamons CC
32	14:32:00	Simon	Myerscough	Ribble Valley C&RC
33	14:33:00	Paul	Stupples	Wigan Whs CC
34	14:34:00	Mark	Jones	Graham Weigh Racing-Deeside Olympic
35	14:35:00	Joe	Allen	Liverpool Century RC
36	14:36:00	Chris	Ryan	Mersey Tri
37	14:37:00	Paul	Williams	North Endurance
38	14:38:00	Wesley	Iyanda	Liverpool Phoenix CC (Aintree)
39	14:39:00	Reuben	Corlett	Birkenhead North End CC
40	14:40:00	Simon	Roddam	Wigan Whs CC
41	14:41:00	Matthew	Kayley	Pendle Forest CC
42	14:42:00	David	Fox	Warrington Road Club/Horton Light Engineering
43	14:43:00	Lloyd	Smith	Vanelli-Project GO
44	14:44:00	Will	Turton	Mersey Tri
45	14:45:00	Philip	Johnson	Mersey Tri
46	14:46:00	Warren	Giddins	Warrington Road Club/Horton Light Engineering
47	14:47:00	Peter	Grindley	Liverpool Century RC
48	14:48:00	Tim	Marshall	Seamons CC
49	14:49:00	David	Wright	Warrington Road Club/Horton Light Engineering
50	14:50:00	Martin	Welsh	Pendle Forest CC
51	14:51:00	Paul	Lomax	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers
52	14:52:00	Alex	Dickinson	Manchester Triathlon Club

53	14:53:00	Dean	Hanwell	North Endurance
54	14:54:00	Arthur	Winstanley	Liverpool Phoenix CC (Aintree)
55	14:55:00	Jac	Gruffydd	Caffi Gruff
56	14:56:00	Ben	Love	Pirate juice cc
57	14:57:00	Steven	Hankey	Warrington Road Club/Horton Light Engineering
58	14:58:00	Nigel	Clementson	Wigan Whs CC
59	14:59:00	Robin	Hennessy	North Wirral Velo
60	15:00:00	Kevin	Larmer	Port Sunlight Wheelers
61	15:01:00	James	Meldrum	Liverpool Phoenix CC (Aintree)
62	15:02:00	Paul	Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers
63	15:03:00	Thomas	Hanlon	Tactic Sport UK Race Team
64	15:04:00	Malcolm	Horner	Warrington Road Club/Horton Light Engineering
65	15:05:00	Adrian	Hughes	Seamons CC
66	15:06:00	Stephen	Feeney	Tactic Sport UK Race Team
67	15:07:00	Richard	Gadsden	Liverpool Braveheart Bicycle Club
68	15:08:00	Jake	Turner	Mersey Tri
69	15:09:00	James	Holloway	Ribble Cycles
70	15:10:00	John	Cripps	Warrington Road Club/Horton Light Engineering
71	15:11:00	Mark	Chadwick	Wigan Whs CC
72	15:12:00	Richard	Smith	Army Cycling
73	15:13:00	Tony	Greenhalgh	Tactic Sport UK Race Team
74	15:14:00	Alan	Chorley	Seamons CC
75	15:15:00	Jason	Bateman	VTTA North Lancs and Lakes Group
76	15:16:00	Chris	Humphries	Bioracer UK RT